COMNAVSURFOR

SUICIDE PREVENTION

PCO/PXO BRIEF CNSP

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Force Suicide Prevention Coordinator

This Briefing is **UNCLASSIFIED**

Background

- 6 completed suicides within CNSP CY-09
- 43 Navy wide
- Only 1 during deployment (within 30 days of RTHP) had been granted early out.
- 1 female (CPO), 5 males (E5 and below)
- 1 underway, 5 inport
- 1 other death undetermined
- 153 Suicide Related Behavior sitreps CY-09
- SecNav visibility with CNO action

Four Elements of Effective Program

- **Training**: Required with indoc and annually
- **Intervention**: Ensures timely access to needed services and having a plan of action for crisis response
- **Response**: assisting families, units and service members affected by suicide related behavior (SRB)
- **Reporting**: reporting incidents of suicide and SRB

Training

- Included in Command Indoctrination
- Conducted annually thereafter
- GMT/NKO, but must be supplemented with local command information, action plans and available support resources
- Life skills/health promotion training
- Include information in POD/POW

Intervention

- Commands shall have a written suicide prevention and crisis action plan
- Commands shall foster a command climate that supports psychological health consistent with operational stress control principles
  - Ex: Foster unit morale and cohesion
  - Ex: Encourage good communication, etc.
- Safety measures must be taken if command believes imminent risk
- Commands shall provide support for those who seek help

Response

- For a suicide or SRB incident, families and affected personnel shall be provided support
- Command Senior Medical Department Representative (MO or IDC)
- CACO as needed
- Command, ISIC or Base chaplain
- Fleet Family Service Center, Navy One Source, etc.

Reporting

- IAW MILPERSMAN and NAVADMIN 122/09
- Complete DoD Suicide Event Report (DoDSER), instance of a suicide or undetermined death
  - Completed within 60 days of incident.
- For suicide attempts, the Military Treatment Facility (MTF) completes DoDSER within 30 days of the incident.
- Personnel Casualty Report (PCR), required for a suicide or a suicide attempt that results in serious injury.

Reporting cont:

- OPREP-3 reporting is required for ALL suicide related behaviors regardless of the outcome
  - OPREP-3 report should specify only “Suicide Related Behavior” without distinction between attempts and other behaviors.

Command Responsibilities

- Ensure an effective suicide prevention program is established and maintained
- Designate in writing, a suicide prevention coordinator (SPC)
- Ensure suicide prevention training is conducted on an annual basis for all command personnel and maintain records of the training
- Distribute health and fitness materials in support of OPNAV health promotion initiatives

SPC Responsibilities

- Be thoroughly familiar with Navy instructions as related to suicide prevention and advise the Command on all suicide prevention program matters
- Schedule and announce suicide prevention training
- Maintain records of suicide prevention training
- Ensure training materials are up-to-date and accurate
- Liaison with Command Ombudsman and Family Support Group to provide information and guidance
- Develop and maintain a command suicide prevention and crisis response plan

References:

- OPNAV 1720.4A Suicide Prevention Program
  - Overall guidance for CNSF
- NAVADMIN 122/09
  - Changes to reporting criteria
- OPNAVINST 6100.2A
  - Health and Wellness Promotion Program
- MILPERSMAN 1770-090/120
  - Reporting criteria

Questions?